



Trish Luna - deAlva

"Developing an action plan to bring more power into your life"



Your Past Doesn't Dictate Your Future (You Do)

Frustrated by her past traumas that were holding her back Trish began peer counseling and co-facilitating support groups for fellow students. After graduating with a Psychology Degree she worked with abused teenage girls to desolve their past tramas and create meaningful and powerful lives.

Wanting to reach more women like herself and serve on a larger scale she joined motivational speaker, Les Brown's Platinum Team as a transformational speaker.

Trish has spoken at Les Brown events and shared the stage with Allana Pratt, Todd Preager, Suzy Prudden, Kelly Sullivan Walden, Lynn Rose.

"Most of us go through life not knowing how powerful we truly are. Trish frees you up, teaching you methods and techniques to connect with your personal power. To do more, to have more and to create beautiful, powerful relationships."

Les Brown—
Renowned Motivational Speaker

- ★ Trish Luna-deAlva will enliven your next event with her passion and humor while covering high-impact subjects such **desolving past trauma and hurt.**
- ★ Her enthusiastic and dynamic communication style make her a uniquely qualified speaker and lecturer on a host of intriguing topics including **breaking through procrastination and fear to take action.**
- ★ She takes her audience to new depths of understanding about **the powerful role a mind/body/spirit approach plays in healing** from their past.
- ★ Trish offers advice and guidance from a uniquely personal place . . . From a person who's been there and back.
- ★ Her compassion and understanding bring hope to the people whose lives have been affected by these difficult problems, by showing us that transformation and healing at the deepest level are possible.



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Keynotes, Breakouts & Workshops